Health Check Up Booklet



ALL-WOMEN
DIAGNOSTIC CENTRE
THAT UNDERSTANDS
A WOMAN DEEPLY



Exclusive women's care



All-women technician staff



State-of-the-art imaging technology



Personalised assistance



Women-friendly ambience

www.nmevahealth.com

Mumbai • Marine lines • Khar • Mulund • Thane

Pune • Kalyani Nagar





She breathes in struggles and breathes out happiness.

She is a recipe of love, laughter and life. She gives, more than she demands.

And sometimes, only sometimes, she needs a world of her own.

Where she can breathe in comfort and breathe out a sigh of relief.

Where she is a recipe of dignity, confidence and peace of mind.

Where things that are left unsaid, are offered in abundance.

Like care and undivided attention.

No anxiety. No awkwardness. A world that understands a woman deeply. A world called Eva Health.





• Less anxiety.

More confidence.

Understanding woman's health and her needs, Eva Health brings you world-class services at every step.





Discover Eva Health



• Packages at a glance.



Eva Adolescence	₹ 9,500/-
Eva PCOS Package	₹ 15,000/-
Eva Pre-Marital	₹ 9,000/-
Eva Post Menopausal Package	₹ 14,500/-
Eva Cancer Screening	₹ 25,000/-
Eva Diagnostic Package	₹ 12,500/-
Eva Pregnancy	₹ 35,000/-
Eva Pregnancy + Nine Months Lamaze Classes	₹ 50,000/-
Eva Wellness Packages	
Eva Silver Check-Up	₹ 20,000/-
Eva Gold Check-Up	₹ 30,000/-
Eva Platinum Check-Up	₹ 60,000/-
Eva Gift Package	₹ 7500/-





•• Eva Adolescence

Special Price : ₹ 9,500/-			
Routine Blood Tests		Renal Profile	
CBC + ESR	\otimes	Creatinine	\bigcirc
Blood Group	\bigcirc	Urine Routine	\bigcirc
Diabetic Profile		Specialised Blood Tests	
Fasting Blood Sugar	\bigcirc	Thyroid Panel	
Liver Profile		T3, T4, TSH	\bigcirc
SGOT / SGPT / GGTP	\bigcirc	Vitamin Markers	
Alkaline Phosphatase / Bilirubin	\bigcirc	Vitamin D	\bigcirc
Albumin / Globulin / AG Ratio	\bigcirc	Vitamin B12	\bigcirc
Cardiac Profile		Iron Studies	\bigcirc
Triglycerides	\otimes	Diagnostic Tests	
Total Cholesterol / HDL / LDL / VLDL	\bigcirc	Abdomen & Pelvis Sonography	\bigcirc

•• Eva PCOS Package

	Specialised Blood Tests	
\bigcirc	Dihydrotestosterone / Free Testosterone	\bigcirc
	Cortisol	\bigcirc
\bigcirc	17 OH Progesterone	\bigcirc
\bigcirc	AMH	\bigcirc
	Androstenedione	\bigcirc
\bigcirc	DHEAS	\bigcirc
	Prolactin	\bigcirc
\bigcirc	Diagnostic Tests	
\bigcirc	Abdomen & Pelvis Sonography	\bigcirc
	∅∅∅∅	 Dihydrotestosterone / Free Testosterone Cortisol 17 OH Progesterone AMH Androstenedione DHEAS Prolactin Diagnostic Tests

•• Eva Pre-Marital

Special Price : ₹ 9,000/-			
Routine Blood Tests		Renal Profile	
CBC + ESR & Blood Group	\bigcirc	Creatinine & Urine Routine	\odot
Diabetic Profile		Specialised Blood Tests	
Blood Sugar Fasting / Random	\bigcirc	Hepatitis B & Hepatitis C	\bigcirc
Liver Profile		HIV I & II Antibodies	\bigcirc
SGOT / SGPT / GGTP	\bigcirc	VDRL & Thalassemia Studies	\bigcirc
Alkaline Phosphatase / Bilirubin	\bigcirc	Thyroid Panel	
Albumin / Globulin / AG Ratio	\bigcirc	T3, T4, TSH	\odot
Cardiac Profile		Diagnostic Tests	
Triglycerides	\odot	ECG & Chest X – Ray	\bigcirc
Total Cholesterol / HDL / LDL / VLDL	\otimes	Abdomen & Pelvis Sonography	\bigcirc

•• Eva Post Menopausal Package

Special Price : ₹ 14,500/-			
Routine Blood Tests		Renal Profile	
CBC	\bigcirc	Electrolytes & Urine Routine	\bigcirc
Diabetic Profile		Specialised Blood Tests	\odot
Blood Sugar Fasting / Random	\otimes	Thyroid Panel	
Liver Profile		T3, T4, TSH	\bigcirc
SGOT / SGPT / GGTP	\bigcirc	Vitamin Markers	
Alkaline Phosphatase / Bilirubin	\bigcirc	Vitamin D	\odot
Albumin / Globulin / AG Ratio	\bigcirc	Vitamin B12	\bigcirc
Diagnostic Tests		Iron Studies	\otimes
Abdomen & Pelvis Colour Doppler Sonography	\otimes	Hormonal Studies	
3D Digital Mammogram with Tomosynthesis	\bigcirc	LH	\odot
Sonomammography	\bigcirc	FSH	\otimes
DEXA Bone Densitometry	\bigcirc	Prolactin	\otimes

•• Eva Cancer Screening

Special Price : ₹ 25,000/-**Routine Blood Tests** Cancer Markers CBC + ESR For Breast, Ovarian, Cervical, CRP Stomach, Liver, Pancreas & Colon Cancer Diabetic Profile CA 15.3 Blood Sugar Fasting / Random CA 125 Liver Profile Pap Smear SGOT / SGPT / GGTP HPV Alkaline Phosphatase / Bilirubin Beta HCG AFP Albumin / Globulin / AG Ratio Renal Profile CA 19.9 Creatinine & Urine Routine CEA Calcitonin Diagnostic Tests Thyroglobulin level Chest X-Ray Abdomen & Pelvis Colour Doppler Sonography Sono Neck for Thyroid 3D Digital Mammogram with Tomosynthesis Sonomammography

ADD ON

Cancer Screening + Whole Body MRI	₹ 45,000
Cancer Screening + Hereditary Genetic Cancer Screening Panel	₹ 50,000
Cancer Screening + Whole Body MRI + Hereditary Genetic Cancer Screening Panel	₹ 75,000



This package allows you to combine the 3 most essential imaging tests for a woman (Sonography, DEXA with Whole Body fat Analysis & 3D Mammography) at a subsidised combo rate. So next time when you visit NM Eva Health for the above tests opt for our Diagnostic package to get an ideal combination of screening and diagnostic imaging tests for women.

•• Eva Diagnostic Package

Special Price : ₹ 12,500/-	
Tests	
Abdomen & Pelvis Sonography	\bigcirc
3D Digital Mammogram with Tomosynthesis & Sonomammography	\bigcirc
DEXA Hip, Spine, Forearm & Whole body fat Analysis	\bigcirc

•• Eva Wellness - Silver Check-up

Special Price : ₹ 20,000/-		e1435 51	76 348? 234?
Routine Blood Tests		Specialised Blood Tests	
CBC + ESR	\bigcirc	Thyroid Panel	
Diabetic Profile		T3, T4, TSH	\bigcirc
Fasting Blood Sugar	\bigcirc	Vitamin Markers	
PP / PG Sugar	\bigcirc	Vitamin D	\bigcirc
HbA1c	\bigcirc	Vitamin B12	\bigcirc
Liver Profile		Cancer Markers for Ovarian & Cervical Cancer	-
SGOT / SGPT / GGTP	\bigcirc	CA 125	\bigcirc
Alkaline Phosphatase / Bilirubin	\bigcirc	Pap Smear	\bigcirc
Albumin / Globulin / AG Ratio	\bigcirc	Diagnostic Tests	
Cardiac Profile		ECG	\bigcirc
Triglycerides	\bigcirc	Sono Neck for Thyroid	\bigcirc
Total Cholesterol / HDL / LDL / VLDL	\bigcirc	Abdomen & Pelvis Sonography	\bigcirc
Renal Profile		3D Digital Mammogram with Tomosynthesis	\bigcirc
Urea, Creatinine	\bigcirc	Sonomammography	\bigcirc
Uric Acid	\bigcirc	DEXA Hip, Spine, Forearm	\bigcirc
Electrolytes & Urine Routine	\bigcirc	Body Fat Ananlysis	\bigcirc

•• Eva Wellness - Gold Check-up

Special Price : ₹ 30,000/-		•• 345	CHEALTH 15 5678 3467 2367
Routine Blood Tests		Specialised Blood Tests	
CBC + ESR	\bigcirc	Thyroid Panel	
Diabetic Profile		T3, T4, TSH	\bigcirc
Fasting Blood Sugar	\bigcirc	Vitamin Markers	
PP / PG Sugar	\bigcirc	Vitamin D & Vitamin B12	\bigcirc
HbA1c	\bigcirc	Iron Studies	\bigcirc
Liver Profile		LDH	\bigcirc
SGOT / SGPT / GGTP	\bigcirc	Hormonal Studies	
Alkaline Phosphatase	\bigcirc	FSH, LH, Prolactin	\bigcirc
Bilirubin	\odot	Cancer Markers For Breast, Ovarian, Cervica	ւ l ,
Albumin / Globulin / AG Ratio	\odot	Stomach, Liver, Pancreas & Colon Cancer	
Cardiac Profile		CA 15.3	\bigcirc
Triglycerides	\bigcirc	CA 125	\bigcirc
Total Cholesterol / HDL / LDL / VLDL	\bigcirc	Pap Smear and HPV	\bigcirc
Renal Profile		Beta HCG	\bigcirc
Urea	\odot	AFP	\bigcirc
Creatinine	\bigcirc	CA 19.9	\bigcirc
Uric Acid	\bigcirc	CEA	\bigcirc
Urine Routine	\bigcirc	Calcitonin + Thyroglobulin	\oslash
Diagnostic Tests			
ECG			\bigcirc
Abdomen & Pelvis Colour Doppler Sonograp	hy		\bigcirc
Carotid Colour Doppler (Evaluation of stroke	e risk) + Sono	Neck for Thyroid	\bigcirc
3D Digital Mammogram with Tomosynthesis	+ Sonomamr	mography	\bigcirc
DEXA Hip, Spine, Forearm + Whole body far	t Analysis		\otimes
Post Consultation			\otimes

•• Eva Wellness - Platinum Check-up

Special Price : ₹ 60,000/-			CULATE OF THE PROPERTY OF THE
Routine Blood Tests		Specialised Blood Tests	
CBC + ESR	\odot	Thyroid Panel	
Blood Group	\odot	T3, T4, TSH	\bigcirc
Diabetic Profile		Vitamin Markers	
Fasting Blood Sugar	\bigcirc	Vitamin D & Vitamin B12	\bigcirc
PP / PG Sugar	\bigcirc	Iron Studies	\bigcirc
HbA1c	\odot	LDH	\bigcirc
Liver Profile		Hormonal Studies	
SGOT / SGPT / GGTP	\odot	FSH, LH, Prolactin, Progesterone	\bigcirc
Alkaline Phosphatase / Bilirubin	\odot	Cancer Markers	
Albumin / Globulin / AG Ratio	\odot	For Breast, Ovarian, Cervical, Stomach,	
Cardiac Profile		Liver, Pancreas & Colon Cancer	
Triglycerides	\bigcirc	CA 15.3 & CA 125	\otimes
Total Cholesterol / HDL / LDL / VLDL	\bigcirc	Pap Smear and HPV	\odot
Renal Profile		Beta HCG	\bigcirc
Urea	\bigcirc	AFP	\bigcirc
Creatinine	\odot	CA 19.9	\bigcirc
Uric Acid	\bigcirc	CEA	\bigcirc
Urine Routine	\bigcirc	Calcitonin + Thyroglobulin	\bigcirc
Diagnostic Tests			
ECG + Abdomen & Pelvis Colour Doppler Sc	onography		\odot
Carotid Colour Doppler (Evaluation of stroke	e risk) + Son	o Neck for Thyroid	\odot
3D Digital Mammogram with Tomosynthesis	+ Sonoman	nmography	\otimes
DEXA Hip, Spine, Forearm + Whole body far	t analysis		\otimes
3T MRI			
Brain + Neck + Abdomen & Pelvis + Whole S	Spine Screer	ing	\otimes
Post Consultation			\bigcirc

•• Eva Pregnancy

Special Price : ₹ 35,000/-			
Routine Blood Tests		Specialised Blood Tests	
CBC + ESR	\odot	Beta HCG	\bigcirc
Blood Group	\odot	HIV	\bigcirc
Diabetic Profile		HBsAg	\bigcirc
Blood Sugar Fasting / Random	\otimes	HCV	\bigcirc
Liver Profile		VDRL	\bigcirc
SGOT / SGPT / GGTP	\odot	Thalassemia Studies	\odot
Alkaline Phosphatase / Bilirubin	\otimes	Dual Marker with Pre eclampsia screening	\odot
Albumin / Globulin / AG Ratio	\otimes	Quadruple Marker	\bigcirc
Diagnostic Tests		NIPT	
Ultrasounds	\otimes		
Nuchal Scan	\otimes		
Anomaly Scan	\otimes		
Pregnancy Doppler	\otimes		
4D Sonography	\otimes		

INCLUDES

Unlimited routine above mentioned blood tests & Unlimited Sonography (Gynaecologist prescription required)

Eva Pregnancy + Nine Months Lamaze Classes Rs.50,000





More knowledge.

Better beginnings.

At Eva Health, we help you embrace the beginning of motherhood through a thoughtfully-designed pregnancy program -





Exclusively offered in person & on zoom as well

- Scientifically-tailored pregnancy exercises and Yoga
- · Lamaze breathing techniques
- Parenting tips
- Pregnancy and post delivery information and guidance on;
 - Breast-feeding
 - Nutrition/Pregnancy and after birth
 - Post partum
 - Cesarean
 - New born baby care
 - Labour and Delivery with Spouse coaching

For further details,

www.ninmonthspregnancy.com

Dr. Rita Shah © 98211 39999

ritaninemonths@gmail.com

@ritashah_ninemonthspregnancy









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Support Center 24x7 +91 74000 05758



South Mumbai 74000 05657



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•• Loyalty Program and Memberships.

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SILVER CARD



GOLD CARD



PLATINUM CARD



Exclusive women's care

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Predictive and Genetic Mapping



Training and Education

Home Visit

South Mumbai **9** 74000 05657 | Rest of Mumbai **9** 91364 12396

Contact us on

Mobile: 93249 02946 **9** 93219 32543